



THE OPEN PAGE

Inspire • Create • Achieve

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From the Principal

Welcome to week 8.

Please ensure your contact details are up to date at the office so we can get in touch with you quickly regarding snow days, illness/injury or for any other reason.

Parent/Teacher Interviews

Today, a note will be coming home with information about how to book an interview with your child's teacher. This is done through the Sentral system and the note will contain full instructions. Interviews will be 10 minutes long each. If you require a longer interview time, please contact your child's teacher any time.

Attendance

Teachers love it when all students are at school every day. A reminder that when you receive a text about your child being absent that day, replying to it is the same as sending in a note to explain. Please let us know if your child will be absent for 2 or more days via a phone call to the office, Seesaw or email to the school account. If your child is going to be away for an extended period of time, an application needs to be completed.

Letters are sent home regularly to let you know your child's attendance rate if it falls below 90%. It is a legal responsibility of principals to investigate student absences.



Attendance Matters

Every student. Every day.

DATES FOR YOUR DIARY

- **Wednesday 25th June**
Girls Basketball
Wallerawang
- **Tuesday 1st July**
Parent / Teacher
interviews
3.15pm - 5.45pm
- **Wednesday 2nd July**
Stage 1 excursions
Sydney
- **Wednesday 2nd July**
Boys Basketball
CSU, Bathurst
- **Thursday 3rd July**
Principal's
Morning
Tea, 10.40am
school hall
- **Friday 4th July**
Last day of Term
- **Tuesday 22nd July**
Students return,
term 3

How does healthy food benefit kids?

Peer pressure and TV commercials for junk food can make getting your kids to eat well an uphill struggle. Factor in your own hectic schedule and it's no wonder so many kids' diets are built around convenience and takeout food. But switching to a healthy diet can have a profound effect on children's health, helping to maintain a healthy weight, avoid certain health problems, stabilize their moods, and sharpen their minds. A healthy diet can also have a profound effect on a child's sense of mental and emotional wellbeing, helping to prevent conditions such as depression, anxiety, bipolar disorder, schizophrenia, and ADHD.

Eating well can support a child's healthy growth and development into adulthood and may even play a role in lowering the risk of suicide in young people. If your child has already been diagnosed with a mental health problem, a healthy diet can help your child to manage the symptoms and regain control of their health.

It's important to remember that your kids aren't born with a craving for French fries and pizza and an aversion to broccoli and carrots. This conditioning happens over time as kids are exposed to more and more unhealthy food choices. However, it is possible to reprogram your children's food cravings so that they crave healthier foods instead.

Your child's brain and video games

When it comes to children's developing brains, we know:

- Indirect exposure to violence increases a child's likelihood of developing mental health problems
- The ability to determine between reality and fiction continues to develop in children up to and beyond 8 years of age.

Which makes us think:

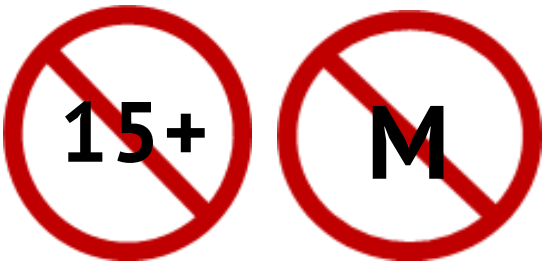
- Is your child's brain understanding that games or shows are not real?
- Is your child's brain experiencing indirect trauma due to watching or playing content meant for adults?

Links between violent video games and aggressive behaviour have been well established.

To protect children, THINK TWICE before exposing them to games like:

- Fortnite
- Call of Duty
- Grand Theft Auto
- Red Dead Redemption,
- Friday 13th
- Borderlands
- Doom

Jo'elle Frampton - Principal



Merit Awards

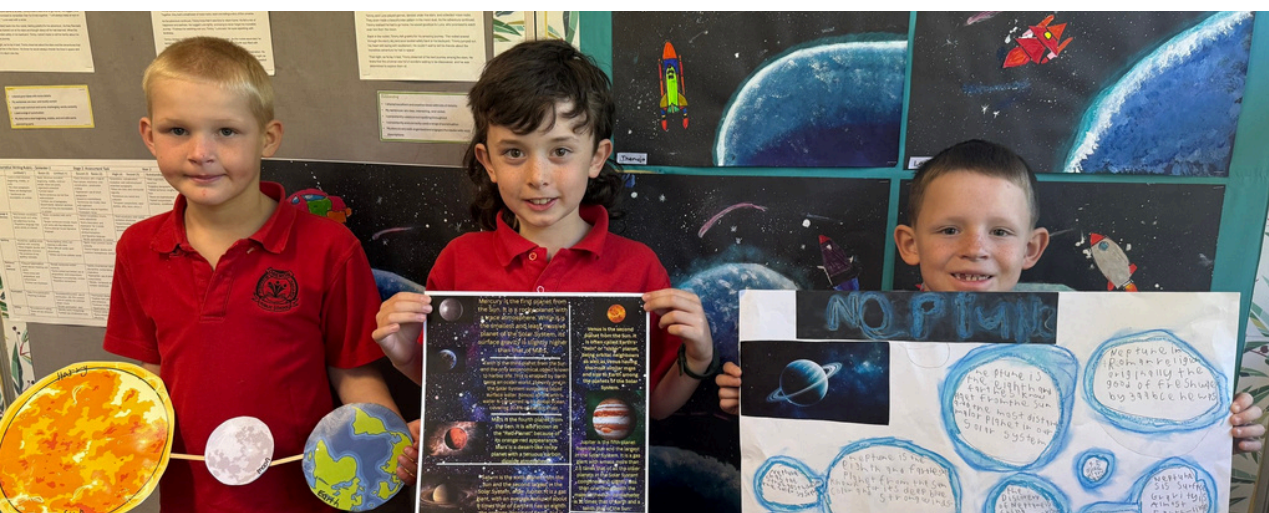
Congratulations to the following students who will be receiving a Merit Award at our next assembly on **Friday 20th June at 9.15am.**

- Harper Graham
- Thenuja Kadupitige
- Dylan Payne
- Finn Whittaker
- Charlotte Ballas
- Mia Oliver
- Madelyn Gracey
- Milton Byrom
- Flynn Roberts Ward
- Gabrielle Eiler
- Dolcie Anderson
- Antonio Wright
- Chase Watson
- Lucas Gear
- Sebastian Armstrong
- Ivy Christie-Johnston
- Eva Brennan
- Pamela Cruickshank
- Kane Benn

Principal Awards

Congratulations to the following students who will be receiving a Principal Award at our next assembly on **Friday 20th June at 9.15am.**

- Riley Jones
- Faith Boss-Walker
- Hannah Perrin
- Willow Roberts
- Ernie Anderson
- Darcy Morrow
- Rubi Christie-Johnston
- Jed Kirby
- James Watson



Superb Gymnast

On Friday 30th May, Taylor Ellery travelled to Tamworth for her national state try outs for gymnastics and won a bronze medal.

Overall, she came 4th and said it was a fun day. We are very proud of Taylor!

I'd love to hear about achievements of other students who are involved in activities outside of school.



Stage 1 Sealife Aquarium and Wildlife Zoo Sydney Excursions Reminder

Our Stage 1 excursion to Sealife Aquarium and Wildlife Zoo, Sydney is fast approaching.

Please use the Sentral Parent Portal for payment and permission or send it in to the classroom teacher.

Payment of \$40.00 and permission notes are due by this Friday 20th June.

Emma Graham - Assistant Principal



Creative Brilliance Shines Throughout Our School

Artworks across the school were selected and four artistic students will have their creative artworks featured in the 2025 Operation Art exhibition.

Operation Art is an initiative by The Children's Hospital at Westmead and the Department of Education which provides a platform for schools and students to showcase their visual art achievements through exhibitions at galleries across NSW in 2025/2026. Winners in the Hospital 50 will be displayed at the Art Gallery of NSW, Sydney Children's Hospital at Randwick and Schools Spectacular SpecFest before being gifted to The Children's Hospital at Westmead. The judging was tight as our school is overflowing with creative talent.

Congratulations to the following students:

Kindergarten: 1st - Mia Oliver, 2nd - William Crichton, 3rd - Shayla Odobasic.

Stage 1: 1st - Lawson Gilmore, 2nd - Ava Malakiy and Milton Byrom, 3rd - Willow Roberts.

Stage 2: 1st - Kayleb Stevens, 2nd - Thenuja Kadupitige, 3rd - Lily Levvell and Indy Newstead.

Stage 3: 1st - Tamihana Wall, 2nd - Matthew Coffey and Georgiana Mavros, 3rd - Eve Campbell.

Kelly Sheppard | Coordinator

Homework Raffle

Congratulations to Jarrod Bartkowiak and Emilie Gilmore who won the raffle for handing in their homework. Jarrod picked marbles and Emilie selected a sticky croc.

Well done, students!

Jo'elle Frampton - Principal



Bowling Boccia!

Last Thursday, five students travelled to Bathurst to compete in the Statewide Boccia Inclusive Sports Competition. All team members played their best and demonstrated great sportsmanship. Overall, Oberon Public School placed 11th in our region.

Natalie Beattie | Coordinator



P&C News

OBERON PUBLIC SCHOOL P&C **WOOD RAFFLE**

★
DRAWN
WEEK 10
THURSDAY
3RD OF JULY

TICKETS DUE
BACK
WEEK 10
WEDNESDAY 2ND
JULY



OPSIE Star Students

Here are our Star Students for this week. These students have displayed excellent behaviour, been respectful and responsible learners and have been in the right place at the right time. Congratulations!



Ilma Curfurovic
Early Stage 1

Ilma is a very social student who likes school. She has a good understanding of the school expectations and works hard to follow these. Ilma enjoys roles of responsibility and helping others. Ilma is a valued member of the class.



Hoani Wall
Stage 1

Hoani exemplifies diligence and commitment to learning. He consistently puts forth his best effort, inspiring his peers with his strong work ethic and readiness to learn. Hoani has excellent manners and is a fantastic role model for his peers in stage 1.



Hudson Warwick
Stage 2

Hudson is a cheerful student who loves to learn new things. He is friendly and always ready to help his classmates, making the classroom a better place for everyone.



Kendra Green
Stage 3

Kendra displays kindness and support for her peers and encourages everyone to do their best. She works hard and persists with challenging tasks. Kendra brings a positive energy and humour to our classroom.



OPSIE EATS PRESENTS



Hot Food

6 x Chicken Nuggets	\$4.50
10 x Chicken Nuggets	\$7.50
Canteen Made Pizza	
Cheese w/ tom base	\$4.50
Ham & Cheese w/ tom base	\$5.00
Chicken & Cheese w/ bbq base	\$6.00
Sausage Roll	\$4.50
Bolognaise w/ pasta	\$5.00
Chicken Fried Rice	\$5.00
Butter Chicken w/ rice	\$5.00
Meat Pie	\$5.50
Chicken Burger (lettuce & sauce)	\$6.00
Add Cheese	\$0.50
Add Bacon	\$1.00
Beef Burger (lettuce & sauce)	\$6.00
Add Cheese	\$0.50
Add Bacon	\$1.00
Sauce	
Tomato, BBQ, Sweet Chilli	\$0.30

DAILY SPECIALS

Monday - Hot Dog	\$5.00
Tuesday - Toasted Wraps	
Cheese	\$5.00
Ham & Cheese	\$5.50
Chicken & Cheese	\$6.00
Wednesday - Cheesy Chicken	\$6.00
Pasta	
Thursday - Noodle Cup	\$5.00
Friday - Chicken Gravy Roll	\$6.00

All come with a choice of Slushy, Water, Popper or a bag of Popcorn

Salads

Garden Salad	\$4.00
Add Ham/Chicken	\$1.00
Caesar Salad	\$5.00
Add Chicken	\$1.00
Burrito Bowl	\$6.50

Gluten Free Options & Pricing available on Spriggy

Light Meals

Fresh Sandwich	\$2.50
Add on Prices	
Vegemite, Jam, lettuce	
Cheese, Tomato, Carrot, Cucumber, Mayo	\$0.50
Egg, Ham	\$1.00
Chicken	\$1.50
Toasties	
Cheese	\$3.00
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Chicken & Cheese	\$4.50
Wraps (Fresh or Toasted)	
Ham & Cheese	\$4.00
Salad	\$5.00
Chicken & Cheese w/ BBQ	\$5.00
Ham & Salad	\$6.00
Chicken & Salad	\$6.50
Sushi	
Cucumber	\$3.00
Tuna & Cucumber	\$3.50
Terriyaki Chicken	\$3.50



Drinks

Water	\$2.00
Popper	\$2.50
Hot Chocolate	\$2.50
Chill J	\$3.00
Flavoured Milk	\$3.00
Up & Go	\$3.00
Lactose Free Milk	\$3.50

Ice Blocks

Canteen made Juice Ice Block	\$0.50
Snap Stick Half	\$0.50
Snap Stick Full	\$1.00
Frozen Berry Yoghurt Pop	\$1.00

FRUIT

Frozen Orange	\$0.20
Frozen Watermelon	\$0.50
Frozen Pineapple	\$0.50
Banana Pop	\$1.00
Fruit Salad	\$3.00

★ Fruit Salad ingredients can be substituted

Snacks

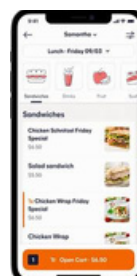
Plain Popcorn	\$0.50
Garlic Bread	\$0.50
Pizza Bite	\$1.00
Chicken Chippies 4 for	\$1.00
Vanilla Yoghurt	\$1.50
Potato Wedges Bag	\$2.00
JJ Chicken Snack	\$2.00

Baked Goods

Large Muffin	\$1.00
Canteen made Slice	\$1.00
Brownie	\$1.00
Vegemite & Cheese	\$1.00
Scroll	
Banana Bread	\$3.00



Remember to order via Spriggy. Download the app today!



Community News



Circle Early Learning are NOW TAKING ENROLMENTS for 2026

Website: <https://circlearlylearning.com.au/location/oberon/>

Phone: 0263 361183

Address: 6-8 Tasman street, Oberon

Waitlist link : <https://parent-portal.kidsoft.com.au/find-a-place?URLCode=circlearlylearningoberon>

Circle Early Learning is a progressive long day care centre open from 6:30am - 6:00.pm

We have positions available for Long day care for all days ages 0-6 years

Afterschool care available for ages 5-12 years

Children are picked up from Oberon Public School and walked back to our service by qualified Educators or children can be dropped off at our service by a guardian.

Feel free to contact the centre on 0263 361183 with any enquiries.

