



THE OPEN PAGE

Inspire • Create • Achieve

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From the Principal

Welcome to week 10!

We are getting close to the end of term one and it has been a busy term! I am looking forward to the Principal's Morning Tea tomorrow (Wednesday) as I love celebrating our students' achievements. The assembly will start at 10.40am in the hall.

Tomorrow, I will be welcoming new families to the school for our Walk & Talk Tour for children starting Kindergarten in 2026. Children are very welcome to attend.

There were very happy students enjoying an ice cream today as the SRC is raising money for our wonderful Breakfast Club. Ice creams will be sold again next Tuesday so buy a \$3 ice cream to support the SRC!



Students are invited to wear mufti clothing and donate an Easter egg this Friday for the P&C Easter Raffle. Please remind your child to get their Easter hats made for the Easter Hat Parade on Friday 11th April.

Communication with teachers

The best way to communicate with your child's teacher is through the Seesaw app. Teachers will respond within 48 hours and generally, not during the day as they are teaching. If you do not have this app yet, speak with your child's teacher or call the office for support.

If your child is having issues at school with another child, please contact the school to discuss this rather than the child's parents directly. We will investigate the matter and deal with it at a school level.

DATES FOR YOUR DIARY

- Wednesday 2nd April**
 Walk and Talk Tour
 Kindergarten 2026
 9.30am - 10.15am
- Wednesday 2nd April**
 Principal's Morning Tea, School hall
 10.40am
- Friday 11th April**
 Easter Hat Parade and Cross Country
- Friday 11th April**
 Last Day of term 1
- Monday 28th April**
 Staff Dev Day
- Tuesday 29th April**
 Staff Dev Day
- Wednesday 30th April**
 Students return Term 2

Would you please remind your children that it is not appropriate to swear at school? We have young children in the playground who don't need this language around them. I have let students know that if they are using bad language in the playground, they can be suspended.

The Importance of Sleep for School Children

Getting enough sleep is very important for school-aged children. Here are some key points to understand why sleep matters:

- **1. Helps Learning:** Sleep is essential for how kids think and learn. When children sleep well, they can pay attention better, remember what they've learned, and solve problems more easily. This helps them do better in school.
- **2. Improves Mood:** When kids don't get enough sleep, they can feel grumpy and have mood swings. Well-rested children are happier and can handle stress better, making them easier to be around at home and school.
- **3. Keeps Them Healthy:** Sleep is important for kids' physical health. It helps them grow, keeps their immune system strong, and can lower the risk of health issues like obesity and diabetes.
- **4. How Much Sleep They Need:** Experts say that school-aged kids (6-13 years) should get about 9 to 11 hours of sleep each night. **That means primary children should be in bed by 8pm each night to be able to learn at their best.**
- **5. Creating a Good Sleep Environment:** To help children sleep better, it's good to have a regular bedtime routine, limit screen time before bed and make their sleeping space calm and comfortable.

Encouraging good sleep habits can help our children be healthier and do better in school. Let's work together to ensure they get the rest they need!

Jo'elle Frampton - Principal

SRC Fundraiser

Our SRC is raising money for new toasters for our Breakfast Club. We will be selling ice creams with sprinkles for \$3.00 each under the COLA at break 2 on **Tuesday 1st April and Tuesday 8th April.**

There will be gluten free options available. Bring your money along to support the Breakfast Club.

Natalie Beattie - Co-ordinator



- **Friday 2nd May**
PSSA Basketball
- **Monday 5th & Tuesday 6th May**
STEM - Longneck Lagoon visit
- **Monday 12th - Thursday 15th May**
Book Fair, school library
- **Thursday 15th May**
Athletics Carnival
- **Friday 16th May**
District Cross Country, Bathurst
- **Monday 19th May - Thursday 22nd May**
Stage 3 Camp
Aussie Bush Camp
- **Wednesday 21st May**
National Simultaneous Story
- **Monday 26th May - Thursday 29th May**
CWA Public Speaking
- **Friday 30th May**
PSSA Soccer
- **Monday 9th June**
PUBLIC HOLIDAY
- **Thursday 3rd July**
Principal's Morning Tea, 10.40am school hall

Merit Awards

Congratulations to the following students who will be receiving a Merit Award at our next assembly on **Friday 4th April at 9.15am.**

- Logan McGrath
- Aubrey Lewis
- Jarrah Hussey
- Isabella Kyaw
- Pamela Cruickshank
- Finn Whittaker
- Thenuja Kadupitige
- Ivy Christie-Johnston
- Penelope Sinclair
- Riley Shipley
- James Watson
- Marley McDermott
- Maggie Austen
- Gabrielle Eiler
- Braxton Anlezark
- Wesley Gilmore
- Eliki Ralele
- Toby Whittaker
- Rubi Christie-Johnston
- Arabella Sinclair
- Mason Rigelsford
- Leo Sullivan
- Gypsy-Rose Holz
- Indy Newstead
- James McMahon
- Ollie Christie-Johnston
- Elias Ayres
- Harry Austen
- Harrison Brennan
- Jagger Lewis

Principal Awards

Congratulations to the following students who will be receiving a Principal Award at our next assembly on **Friday 4th April at 9.15am.**

- Vincent McKinnon
- Lilah Ayres
- Michael Frail
- Rosaleigh Francis
- Kennedy Rowlandson
- Oscar Gordon
- Hailey Gibbons
- Sophie Gibbons

Terrific Touch!

On Friday, 5 students from Oberon Public School attended the Bathurst District touch football trials. All 5 students trialled very well. Congratulations to Maisy Christie-Johnston and Lexi Booth who were successful in making the girls team and Tye Newstead who made the boys team. These 3 students will now travel to Dubbo in June as part of the Bathurst district team and will trial for the Western Region team.



Danni-Lee Thompson | Coordinator

Kindergarten 2026 Walk & Talk Tour

We will be holding our Walk and Talk tour tomorrow, **Wednesday 2nd April at 9.30am**. This is an opportunity for 2026 Kindergarten families to visit our school and see the wonderful programs we have on offer at Oberon Public School.

Families are welcome to bring children along. Enrolments packs are available from the front office and local early childhood providers. Please feel welcome to share this information with friends and families of upcoming school aged children.

Nicola McMahon - Co-ordinator

Oberon Public School

**WALK & TALK
TOUR & A CUPPA**

Wednesday 2nd April - 9.30 to 10.15am

KINDERGARTEN 2026

Is your child starting school in 2026?
Come on a 'walk and talk' tour and discover our wonderful school.

Parents and children welcome

Inspire - Create - Achieve

Contact Us
02 6336 0093

e: oberon-p.school@det.edu.au
w: oberon-p.schools.nsw.gov.au

15 Dart Street, Oberon NSW 2787

Stewart House

This year we are supporting the annual Stewart House donation drive. All donations support the 1600 public school children who attend Stewart House each year.

Donation envelopes will be handed out today. For your opportunity to win a \$4000 holiday/gift voucher please return the envelope with a \$2.00 coin donation or pay online via the QR code and return the envelope by **Wednesday 14th May 2025**.

STEWART HOUSE CHARITY DRIVE

Stewart House provides essential medical care, confidence-building activities, and a supportive environment where public school children in need can reset, thrive, and embrace a brighter future.



Envelopes must be returned to enter the draw!

Draw: Friday, 23 May 2025

Important:

Online payments ARE NOT an automatic entry into the draw.

Please return your envelope(s) to your school with a receipt number (if paying online) for entry in the draw.



SCAN TO PAY ONLINE

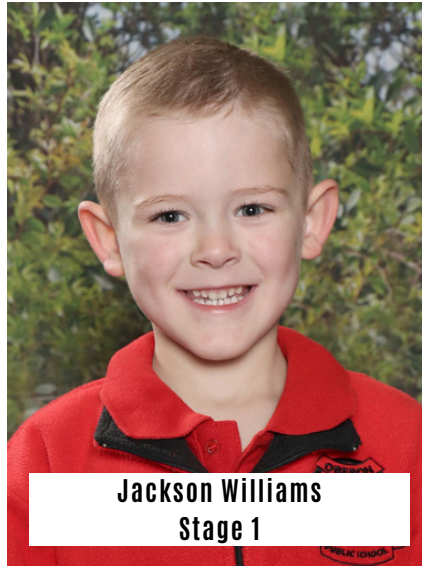


OPSIE Star Students

Here are our Star Students for this week. These students have displayed excellent behaviour, been respectful and responsible learners and have been in the right place at the right time. Congratulations!



Sebastian is an enthusiastic learner who enjoys reading. He is cooperative and helpful to others and shows kindness in all areas of school life. Sebastian is a safe person in the classroom and always sits displaying the 6 L's.



Jackson is a quiet, kind and courteous class member who follows all school rules. Jackson is always respectful, responsible and safe. He is a wonderful and reliable member of 1/2GF. Well done Jackson!



Sophia is a great student who is very respectful, responsible and kind. She helps her classmates and treats her teachers nicely which makes the classroom a happy place. Sophia works hard in the classroom and always tries her best. She also encourages her friends to do well. Her caring nature and friendliness make her a wonderful friend and a good example for everyone at school.



Matthew is a quiet yet determined member of 5/6W, always pushing himself to grow in all areas. His resilience shines through in every challenge, showing his commitment to improvement. With a great sense of humour, he brings a lighthearted energy to the classroom. Keep up the fantastic work, Matthew!



Easter Hat Parade & Cross Country

We're egg-cited to invite you
to our annual
Easter Hat Parade 9:30am - school hall
Cross Country Race 11:40 - bottom field
Friday 11th April 2025

Join our P&C for a free sausage sizzle on the bottom field from
11:00am

gluten free friendly



Easter Hats

In preparation for our annual Easter Hat Parade, we ask students in Years 1-6 to participate in a design and create challenge. Students are asked to make their egg-citing hat at home and bring it in to share on the day!

Kindergarten students will make their hats at school with their buddies.





OPSIE EATS PRESENTS



Hot Food

| | |
|---|--------|
| 6 x Chicken Nuggets | \$4.50 |
| 10 x Chicken Nuggets | \$7.50 |
| Canteen Made Pizza | |
| Cheese w/ tom base | \$4.50 |
| Ham & Cheese w/ tom base | \$5.00 |
| Chicken & Cheese w/ bbq base | \$6.00 |
| Sausage Roll | |
| Bolognaise w/ pasta | \$5.00 |
| Chicken Fried Rice | \$5.00 |
| Butter Chicken w/ rice | \$5.00 |
| Meat Pie | \$5.50 |
| Chicken Burger (lettuce & sauce) | |
| Add Cheese | \$6.00 |
| Add Bacon | \$0.50 |
| Beef Burger (lettuce & sauce) | \$6.00 |
| Add Cheese | \$0.50 |
| Add Bacon | \$1.00 |
| Sauce | |
| Tomato, BBQ, Sweet Chilli | \$0.30 |

DAILY SPECIALS

| | |
|-----------------------------|--------|
| Monday - Hot Dog | \$5.00 |
| Tuesday - Toasted Wraps | |
| Cheese | \$5.00 |
| Ham & Cheese | \$5.50 |
| Chicken & Cheese | \$6.00 |
| Wednesday - Cheesy Chicken | \$6.00 |
| Pasta | |
| Thursday - Noodle Cup | \$5.00 |
| Friday - Chicken Gravy Roll | \$6.00 |

All come with a choice of Slushy, Water, Popper or a bag of Popcorn

Salads

| | |
|-----------------|--------|
| Garden Salad | \$4.00 |
| Add Ham/Chicken | \$1.00 |
| Caesar Salad | \$5.00 |
| Add Chicken | \$1.00 |
| Burrito Bowl | \$6.50 |

Gluten Free Options & Pricing available on Spriggy

Light Meals

| | |
|--|--------|
| Fresh Sandwich | \$2.50 |
| Add on Prices | |
| Vegemite, Jam, lettuce | |
| Cheese, Tomato, Carrot, Cucumber, Mayo | \$0.50 |
| Egg, Ham | \$1.00 |
| Chicken | \$1.50 |
| Toasties | |
| Cheese | \$3.00 |
| Ham & Cheese | \$4.00 |
| Ham, Cheese & Tomato | \$4.50 |
| Chicken & Cheese | \$4.50 |
| Wraps (Fresh or Toasted) | |
| Ham & Cheese | \$4.00 |
| Salad | \$5.00 |
| Chicken & Cheese w/ BBQ | \$5.00 |
| Ham & Salad | \$6.00 |
| Chicken & Salad | \$6.50 |
| Sushi | |
| Cucumber | \$3.00 |
| Tuna & Cucumber | \$3.50 |
| Terriyaki Chicken | \$3.50 |



Drinks

| | |
|-------------------|--------|
| Water | \$2.00 |
| Popper | \$2.50 |
| Slushy | \$2.50 |
| Chill J | \$3.00 |
| Flavoured Milk | \$3.00 |
| Up & Go | \$3.00 |
| Lactose Free Milk | \$3.50 |

Ice Blocks

| | |
|------------------------------|--------|
| Canteen made Juice Ice Block | \$0.50 |
| Snap Stick Half | \$0.50 |
| Snap Stick Full | \$1.00 |
| Frozen Berry Yoghurt Pop | \$1.00 |

FRUIT

| | |
|-------------------|--------|
| Frozen Orange | \$0.20 |
| Frozen Watermelon | \$0.50 |
| Frozen Pineapple | \$0.50 |
| Banana Pop | \$1.00 |
| Fruit Salad | \$3.00 |

★ Fruit Salad ingredients can be substituted

Snacks

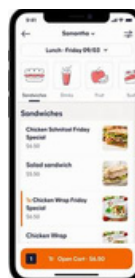
| | |
|------------------------|--------|
| Plain Popcorn | \$0.50 |
| Garlic Bread | \$0.50 |
| Pizza Bite | \$1.00 |
| Chicken Chippies 4 for | \$1.00 |
| Vanilla Yoghurt | \$1.50 |
| Potato Wedges Bag | \$2.00 |
| J.J Chicken Snack | \$2.00 |

Baked Goods

| | |
|--------------------|--------|
| Large Muffin | \$1.00 |
| Canteen made Slice | \$1.00 |
| Brownie | \$1.00 |
| Vegemite & Cheese | \$1.00 |
| Scroll | |
| Banana Bread | \$3.00 |



Remember to order via Spriggy. Download the app today!





**Oberon Public School
P&C**

Easter Raffle!

**DONATE AN
EASTER EGG
AND WEAR
MUFTI CLOTHES**

FRIDAY 4TH APRIL

**ALL RAFFLE TICKETS ARE DUE
BACK WEDNESDAY 9TH APRIL**

**DRAWN AT EASTER HAT PARADE
FRIDAY 11TH APRIL**



DRUG AND ALCOHOL FREE EVENTS
PARENTS ARE ENCOURAGED TO PARTICIPATE

Easter HOLIDAY FUN DAY

FREE FOR ALL AGES



ALL THE FUN STUFF:

- LASER TAG
- EASTER NOVELTY GAMES
- MULTISPORT ACTIVITIES
- EASTER DOOR PRIZE
- GIVEAWAYS
- AND HEAPS MORE



Please bring appropriate footwear, hat and drink bottle



OBERON

TUESDAY 22.04.25
OBERON REC GROUND
2.30 PM - 4.30 PM

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